

BENEFITS OF *SHILAJIT*

BOOST TESTOSTERONE

BOOSTS TESTOSTERONE &
SPERM COUNT AS WELL AS
SPERM MOTILITY

COGNITIVE FUNCTION

BOOSTS COGNITIVE FUNCTION,
AIDS COGNITIVE DISORDERS &
ALZHEIMERS

FAT BURNER

SPEEDS UP METABOLISM & AID
MUSCLE RECOVERY FOR INTENSE
TRAINING

ENERGY BOOST

REDUCES FATIGUE & IMPROVES
BLOOD FLOW BY BOOSTING CELL
FUNCTION & EFFICIENCY

SUPERFOOD

OVER 84 MINERALS & RICH IN
FULVIC ACID, BOOSTS OVERALL
HEALTH AND WELL BEING

OUR *CONTACT*



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Top G Nutrition LONDON



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JOIN THE *MOVEMENT*



TOP G NUTRITION



HIMALAYAN SHILAJIT *DESTROYER OF WEAKNESS*

WWW.TOPGNUTRITION.CO.UK

SUPERFOOD
OVER 84 MINERALS & RICH IN FULVIC ACID,
BOOSTS OVERALL HEALTH AND WELL BEING

BRAIN BOOSTER
BOOSTS COGNITIVE FUNCTION, AIDS
COGNITIVE DISORDERS & ALZHEIMERS

ENERGY BOOSTER
REDUCES FATIGUE & IMPROVES BLOOD
FLOW BY BOOSTING CELL FUNCTION &
EFFICIENCY

TESTOSTERONE & FERTILITY BOOSTER
BOOSTS TESTOSTERONE & SPERM COUNT
AS WELL AS SPERM MOTILITY

FAT BURNER
SPEEDS UP METABOLISM & AIDS MUSCLE
RECOVERY FOR INTENSE TRAINING

TOP G NUTRITION
SHILAJIT

ABOUT OUR *SHILAJIT*

WHAT IS SHILAJIT?

Shilajit is a natural compound that seeps out of rocks in high altitude mountains. It is best known for its antioxidant and anti-inflammatory properties. It contains high amounts of fulvic acid, shilajit has been used in traditional medicine for over 4000 years by the people of the himalayan region.

QUALITY OF OUR SHILAJIT

Our Shilajit has been harvested from 18,000+ ft, which is the highest grade, lab tested to ensure high levels of fulvic acid, and other minerals.



HISTORY OF *SHILAJIT*

SHILAJIT HAS BEEN USED FOR OVER 4000 + years :

1. **AYURVEDIC TRADITION (INDIA):** REVERED IN AYURVEDA FOR VITALITY AND HEALTH.
2. **TIBETAN & MONGOLIAN CULTURES:** USED FOR ENDURANCE AND CLARITY IN HIGH ALTITUDES.
3. **RUSSIAN & CENTRAL ASIAN TRADITIONS:** VALUED FOR ENERGY AND ADAPTATION.
4. **PERSIAN CULTURE:** MENTIONED IN PERSIAN TEXTS FOR HEALTH BENEFITS.
5. **NEPALESE & BHUTANESE:** TRADITIONAL ENERGY BOOSTER.
6. **OTHER HIMALAYAN CULTURES:** INTEGRATED INTO DIVERSE HEALING PRACTICES.

ABOUT OUR *BRAND ETHICS*

At Top G Nutrition, we pride ourselves in our belief that natural products far outweigh pharmaceutical supplements, we centre ourselves in science back traditional medicine from different cultures around the world.

FROM THE HIGHEST PEAKS

HARVESTED FROM 18,000+ FEET,
LAB TESTED, NATURAL AND
VEGAN

CONQUEROR OF MOUNTAINS

~ACIENT SANSKRIT TEXTS

